

# For Nature Whale Overall



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The chart is knitted in circular in rounds 1 to 10 and then in rows to end

- Purl on right side; knit on wrong side.
- ☐ Knit on right side; purl on wrong side..

#### **GAUGE**

23 sts and 33 rows (10x10 cm) in stockinette stitch with 3 mm needles.

#### **YARN**

2 balls of For Nature Rosários 4, colour 25 (100% organic cotton, 50g/137m).

#### NFFDI FS

2,5 mm and 3 mm.

#### **NOTIONS**

1 main marker, 3 additional markers, tapestry needles, waste yarn or stitch holders; three 9 mm buttons and two 11 mm buttons.

#### SIZE

1/3 months.

## **MEASURMENTS**

21 cm chest circumference.

# **INSTRUCTIONS**

This overall is knitted from bottom up, in circular and seamless. We start by knitting the front and back tabs, then join to knit in round to armholes. This is knitted in the round "the Portuguese way" which means that we will be knitting from the wrong side of the work, always purling. Front and back are then knitted in rows up to the shoulders. To finish we pick up and knit stitches along the leg openings and knit a garter stitch border. The Whale drawing is formed by alternating between knit and purl stitches - simple and good looking!

### BACK TAB

With 3 mm needles cast on 16 sts:

Rows 1 to 7 - purl.

Row 8 - purl to end, cast on 2 sts.

Row 9 - knit to end, cast on 2 sts.

Repeat rows 8 + 9, 6 more times. [44sts]

Row 22 - purl to end, cast on 3 sts.

Row 23 - knit to end, cast on 3 sts.

Repeat rows 22 + 23, 1 more time. [56sts]

Leave stitches on hold on waste yarn or stitch holder.

#### **FRONT TAB**

With 3 mm needles cast on 16 sts:

Rows 1 to 3 - purl.

Row 4 (buttonholes) - P2, yo, P2tog, P3, yo, P2tog, P4, yo, P2tog, P1.

Rows 5 to 8 - purl.

Rows 9 and 11 - knit.

Row 10 - purl.

Row 12 - purl to end, cast on 2sts.

Row 13 - knit to end, cast on 2 sts.

Repeat rows 12 + 13, 3 more times. [32sts]

Row 20 - purl to end, cast on 12sts.

Row 21 - knit to end, cast on 12 sts.

#### BODY

Purl all front tab stitches, slip the stitches on hold back on needles, place marker and purl; place beginning of round marker (BOR) and join to knit in the round. Purl all stitches until the body is 10 cm height. Start decreases for chest:

**Decrease rnd** – \*P1, P2tog, P to 3 sts before marker, SSP, P1\*, slm and repeat from \*.

Purl 5 rnds. Repeat decrease rnd every 5 rnds, 2 more times, until a total of 3 decrease rounds.  $[50+50 {\rm sts}]$ 

Start garter stitch borders and whale chart - P13, pm, P23, pm, P to 4sts from end, K4.

Rnd 1 - K4, P to marker, slm, knit whale chart, slm, P to 4 sts before marker, K4, slm, K4, P to end.

Rnd 2 - P to marker, slm, knit whale chart, slm, P to 4 sts from end, K4.

# **FOR NATURE**

(100% Organic Cotton)

For Nature is an organic cotton yarn and one of the favourites for Spring/Summer. Its beautiful texture highlights knitting stitches and the colours, which vary from delicate tons to vibrant colours, make For Nature the perfect yarn to knit for the entire family.





Repeat rnds 1+2, 4 more times. On last repeat of rnd 2, the round ends on side marker:

Rnd 10 - P to marker, slm. knit whale chart, slm. P to side marker.

#### DIVIDE FRONT AND BACK

Slip back stitches to waste yarn and leave on hold while knitting front piece.

Row 11 [RS] - P4, K to marker, slm, knit whale chart, slm, K to 4 sts from end. P4.

**Row 12** [WS] - P4, P2tog, P to marc, slm, knit whale chart, slm, P to 6sts before end, SSP, P4.

Row 13 - P4, K to marker, slm, knit whale chart, slm, K to 4 sts from end. P4.

Repeat rows 12 + 13, 8 more times.

Row 30 - P4, P2tog, P to 6 sts from end, SSP, P4.

Row 31 - P4, K to 4sts from end, P4.

Repeat rows 30 + 31, 1 more time. [28sts]

Knit garter stitch border:

Rows 1 to 3 - purl.

Row 4 (buttonholes) - P4, yo, P2tog, P to 6sts from end, P2tog, yo, P4.

Rows 5 to 9 - purl.

Bind off al stitches.

Slip back stitches to knitting needles and start knitting the back piece:

Row 1 [WS] - P4, P2tog, P to 6 sts from end, SSP, P4.

Row 2 - P4, K to 4sts from end, P4.

Repeat rows 1 + 2, 10 more times. [28sts]

Knit garter stitch border:

Rows 1 to 9 - purl.

Purl 4 sts and slip them to a stitch holder, bind off 20sts, purl 4sts. Keep purling these 4 sts, to form the strap, until 10 cm long and bind off. Slip the 4 sts on hold to needles and purl to form the other strap.

#### **FINISHES**

With 2,5 mm needles pick up and knit stitches along the leg openings - pick up and knit 24sts along back tab side + 26sts along front tab side (50sts on needles). Knit 3 rows and bind off all stitches. Repeat on other leg opening.

#### WRITTEN INSTRUCTION:

Rnd 1 - P11, K10, P2.

Rnds 2, 4, 6, 8, 10 – P. Rnd 3 - P9, K13, P1.

Rnd 5 - P8, K15.

Rnd 7 - P7, K16.

Rnd 9 - P6, K17.

Row 11 - P13, K2, P2, K6.

Row 12 and all even rows - P.

Row 13 - K1, P11, K4, P2, K5.

**Row 15** - K2, P9, K5, P2, K5.

**Row 17** - K3, P7, K6, P2, K5.

**Row 19** - K4, P5, K4, P8, K2.

**Row 21** - K6, P1, K5, P10, K1.

**Row 23** - K6, P1, K5, P4, K2, P4, K1.

Row 25 - K5, P1, K1, P1, K5, P2, K4, P2, K2.

Row 27 - K2, P1, K1, P1, K3, P1, K1, P1, K12.

**Row 29** - K3, P1, K5, P1, K13.

## **ABBREVIATIONS**

**K** – knit

P - purl

cm – centimeters

st/sts - stitch/stitches

Rnd/rnds - round/rounds

RS - right side

WS - wrong side

pm – place markerslm – slip marker

P2tog – purl 2 together

 ${\bf SSP}-{\bf slip, slip, knit (slip a stitch as if to knit, slip a second stitch as if to knit; slip stitches back to left hand needle and purl them together through back loop)}$ 

**yo** – yarn over